

## **It's Good for You!**

James 5:16; Galatians 6:1-2; 1 John 1:9

To walk toward maturity in Christ, it is wise to build relationships of trust and accountability, and it's imperative that we confess our sins.

\_\_\_\_\_ is a matter of \_\_\_\_\_.

\_\_\_\_\_ is the beginning of \_\_\_\_\_.

Three types of confession:

- \_\_\_\_\_.
- \_\_\_\_\_.
- \_\_\_\_\_.

\_\_\_\_\_ is a key for \_\_\_\_\_.

Accountability questions:

- Have you spent daily time in the Scriptures and in prayer?
- Have you remained active in your small group and Sunday worship assembly?
- Have you had any flirtatious or lustful attitudes, tempting thoughts, or exposed yourself to any explicit materials which do not glorify God?
- Have you been completely above reproach in your financial dealings?
- Have you spent quality relationship time with family and friends?
- Have you done your best in your job, school, etc.?
- Have you told any lies or acted deceptively, putting yourself in a better light to those around you?
- Have you shared the Gospel with an unbeliever this week?
- Have you taken care of your body through daily physical exercise and proper eating/sleeping habits?
- Have you allowed any person or circumstance to rob you of your joy?
- Have you lied to us on any of your answers today?